

# University of Pretoria Yearbook 2020

## Exercise physiology III 320 (SMC 320)

**Qualification** Undergraduate

**Faculty** [Faculty of Health Sciences](#)

**Module credits** 20.00

**Programmes** [BSportSci](#)

**Prerequisites** SMC 221

**Contact time** 1 tutorial per week, 2 lectures per week

**Language of tuition** Module is presented in English

**Department** Biokinetics and Sports Science

**Period of presentation** Semester 2

### Module content

\*Closed – requires departmental selection.

Allostasis, energy dynamics, fatigue, immune system considerations, muscle hypertrophy, DOMS, NSAIDs, environmental physiology.

The information published here is subject to change and may be amended after the publication of this information. The [General Regulations \(G Regulations\)](#) apply to all faculties of the University of Pretoria. It is expected of students to familiarise themselves well with these regulations as well as with the information contained in the [General Rules](#) section. Ignorance concerning these regulations and rules will not be accepted as an excuse for any transgression.